

Curriculum Vitae

Geoff Childs

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Education

- 1998 Ph.D. Indiana University
Double Major in Anthropology (Sociocultural; Ecological) and Central Eurasian Studies (Tibetan Studies); Minor in Population Studies
- 1987 B.A. in Anthropology, University of Colorado, Boulder (Magna Cum Laude)

Academic Employment

- 2016 - Professor, Anthropology and Environmental Studies
Washington University in St. Louis
- 2008 - 2016 Associate Professor, Anthropology and Environmental Studies
Washington University in St. Louis
- 2002-2008 Assistant Professor (tenure track), Anthropology and Environmental Studies
Washington University in St. Louis
- 1999-2002 Mellon Postdoctoral Fellow in Anthropological Demography
Demography Program, The Australian National University
- 1999 Adjunct Assistant Visiting Professor, Hamline University, St. Paul MN

Research Interests

Anthropological Demography; Aging in Cross-Cultural Perspective; Migration; Biocultural Anthropology; Applied Anthropology & Development; Research Methods; Biography & History; Tibet, China (Inner Asia and East Asia); Nepal (South Asia); Himalayan Region

Recent Projects and Research in Progress

Migration, Aging, and Challenges of the Built Environment in the Himalayas. A team project with Nepali scholars and architects to document the effects that out-migration is having on family-based care systems and to develop solutions by retrofitting existing housing and developing new housing for the elderly.

The Legacy of Pema Döndrub. Initial funding through Olin Library's Newman Exploration Travel Fund. The project involves translating and analyzing the biography of a 17th-century Buddhist lama from Nubri, Nepal, recording oral history, and documenting his legacy through monasteries and statues. It overlaps with another project, *Tibetan Songs of Spiritual Experience*, with ethnomusicologist Mason Brown that studies living expressions of *mgur*, a Tibetan verse genre that has been mainly viewed as a textual tradition.

Milk with Altitude. Funded by NSF (2015-18), the project with PI E.A. Quinn (Washington University in St. Louis) investigates the association between mother's milk, infant growth, and adaptation to a high-altitude environment in Nubri, Nepal. Field research and co-authored publications are ongoing.

Disaster Narratives. Funded by an NSF RAPID grant, the project with Kristine Hildebrandt (SIUE) and Sienna Craig (Dartmouth) analyzes how survivors of Nepal's 2015 earthquake explain a natural disaster based on their linguistic, cultural, and environmental experiences. Co-authored publications are ongoing.

Publications

Books

- 2019 Childs, Geoff and Namgyal Choedup. *From a Trickle to a Torrent: Education, Migration, and Social Change in a Himalayan Valley of Nepal*. Berkeley: University of California Press.
- 2008 Childs, Geoff. *Tibetan Transitions: Historical and Contemporary Perspectives on Fertility, Family Planning, and Demographic Change*. Leiden: Brill.
- 2004 Childs, Geoff. *Tibetan Diary: From Birth to Death and Beyond in a Himalayan Valley of Nepal*. Berkeley: University of California Press.

Edited Volume

- 2012 Bauer, Kenneth, Geoff Childs, Sienna Craig and Andrew Fischer (eds.) *Development Transitions: Land, Labor and Social Policy in Tibet*. Kathmandu: ANHS and Himal Books.

Articles

- 2022 Childs, Geoff. The *Zurkhang* (*zur khang*; Adjunct House) in 1950s Kyidrong. Forthcoming, *Revue d'Etudes Tibétaines*.
- 2022 Burack, Sarah, Geoff Childs, Elizabeth A. Quinn, Jhangchuk Sangmo, Nyima Sangmo, and Jean Hunleth. Drawing Out Migration: Rural to Urban Transitions and the Re-imagined Futures of Himalayan School Children. Forthcoming, *Educational Transformations and Avenues of Learning: Anthropological Perspectives on Education in Nepal*, eds. K. Valentin and U. Pradhan. Oxford University Press.
- 2021 Childs, Geoff and Jhangchuk Sangmo. The Killing Month Ritual. *Crossing Boundaries: Festschrift for Toni Huber*, eds. D. Lange et al., pp.419-431. Prague: Academia.
- 2021 Childs, Geoff, Sienna Craig, Kristine Hildebrandt, and Christina Juenger. This Is the End: Earthquake Narratives and Buddhist Prophecies of Decline. *Himalaya* 41(1&2):32-49.
- 2021 Childs, Geoff, Melvyn C. Goldstein, Puchung Wangdui, and Namgyal Choedup. What Constitutes "Successful Aging" in a Tibetan Context? *In Aging Across Cultures: Growing Old in the Non-Western World*, ed. H. Selin, pp. 229-244. Cham: Springer.
- 2021 Childs, Geoff. The Tibetan Stem Family in Historical Perspective. *The History of the Family* 26(3):482-505.
- 2018 Childs, Geoff, Sienna Craig, Dubi Nanda Dhakal, Mark Donohue, and Kristine Hildebrandt. Narrating Disaster through Participatory Research: Perspectives from Post-Earthquake Nepal. *Collaborative Anthropologies* 10(1-2):207-236.
- 2018 Hildebrandt, Kristine, Dubi Nanda Dhakal, Bhoj Raj Gautam, Mark Donohue, Sienna Craig, and Geoff Childs. Narrating Disaster in the Aftermath of the 2015 Nepal Earthquakes: Linguistic and Sociocultural Perspectives. Forthcoming in *Contributions to Nepalese Studies*, 1/17.
- 2018 Childs, Geoff and Namgyal Choedup. Tibetan Obligation Contracts (*gan rgya*) from Nubri, Nepal. In *Language, Society, and Religion in the World of the Turks: Festschrift for Larry Clark at Seventy-Five*, ed. Zsuzsanna Gulácsi, pp.177-188. Turnhout: Brepols.
- 2018 Gulácsi, Zsuzsanna, with Geoff Childs and Johan Elverskog. Larry Clark as Teacher and Mentor. In *Language, Society, and Religion in the World of the Turks: Festschrift for Larry Clark at Seventy-Five*, ed. Zsuzsanna Gulácsi, pp.17-19. Turnhout: Brepols.
- 2016 Craig, Sienna, Geoff Childs and Cynthia M. Beall. 2016. Closing the Womb Door: Contraception Use and Fertility Transition Among Culturally Tibetan Women in Highland Nepal. *Maternal and Child Health Journal* 20(12):2437-2450.
- 2015 Childs, Geoff and Alyssa A. Kaelin. Where the Yak Became One with the Soil: Reflections on Life and Research in a Himalayan Village. *Himalaya* 35(2):139-150.
- 2015 Childs, Geoff and Namgyal Choedup. From Servant (g.yog mo) to Disciple (slob ma): Modernity, Migration, and Evolving Life Course Options for Buddhist Nuns. In *From Bhakti to Bon: Festschrift for Per Kvaerne*, eds. H. Havnevik and C. Ramble, pp.171-184. Oslo: Novus.

- 2015 Childs, Geoff. Renouncing the World, Renouncing the Family: The Social Consequences of Spiritual Aspirations. In *The Buddhist World*, ed. John Powers, pp.453-469. Taylor and Francis/Routledge.
- 2014 Childs, Geoff, Sienna Craig, Cynthia M. Beall and Buddha Basnyat. Depopulating the Himalayan Highlands: Education and Outmigration from Ethnically Tibetan Communities of Nepal. *Mountain Research and Development* 34(2):85-94.
- 2014 Childs, Geoff and Namgyal Choedup. Indigenous Management Strategies and Socioeconomic Impacts of Yartsa Gunbu (*Ophiocordyceps sinensis*) Harvesting in Nubri and Tsum, Nepal. *Himalaya* 34(1):8-22.
- 2014 Childs, Geoff. Hunger, Hard Work, and Uncertainty: Tashi Döndrup Reminisces on Life and Death in a Tibetan Village. In *Buddhists: Understanding Buddhism through the Lives of Practitioners*, ed. Todd Lewis, pp.228-235. Malden: Wiley-Blackwell.
- 2013 Goldstein, Melvyn C., Geoff Childs, Puchung Wandui and Cynthia Beall. Modernization and the Status of the Rural Elderly: Continuity under Conditions of Rapid Change in China's Tibet Autonomous Region. *Journal of the Tibet Academy of Social Sciences* 93-110.
- 2012 Childs, Geoff, Melvyn C. Goldstein, and Puchung Wangdui. Balancing People, Policies, and Resources in Rural Tibet. In *Human-Environment Interactions: Current and Future Directions*, eds. Eduardo Brondizio and Emilio F. Moran, pp.53-78. New York: Springer.
- 2012 Childs, Geoff. Trans-Himalayan Migrations as Processes, Not Events. In *Origins and Migrations among Tibeto-Burman Speakers of the Extended Eastern Himalaya*, eds. T. Huber and S. Blackburn, pp.11-32. Leiden: Brill.
- 2012 Childs, Geoff, Melvyn C. Goldstein and Puchung Wangdui. What to Do with Unmarried Daughters? Modern Solutions to a Traditional Dilemma in a Polyandrous Tibetan Society. In *Gender in Cross-Cultural Perspective* (6th Edition), eds. Caroline B. Brettel and Carolyn F. Sargent, pp.283-290. Upper Saddle River, NJ: Pearson Prentice Hall.
- 2012 Childs, Geoff and Andrew Quintman. Marriage, Kinship, and Inheritance in Zhi byed ri pa's Account of Mi la ras pa's Early Life. *Revue d'Etudes Tibétaines* 23:43-49.
- 2011 Childs, Geoff, Melvyn C. Goldstein, and Puchung Wangdui. Externally-resident Daughters, Social Capital, and Support for the Elderly in Rural Tibet. *Journal of Cross-Cultural Gerontology* 26(1):1-22.
- 2011 Covey, Alan R., Geoff Childs, and Rebecca Kippin. Dynamics of Indigenous Demographic Fluctuations in Sixteenth-century Cusco, Peru. *Current Anthropology* 52(3):335-360.
- 2010 Childs, Geoff, Melvyn C. Goldstein. and Puchung Wangdui. An Entrepreneurial Transition? Development and Economic Mobility in Rural Tibet. *Himalaya: Special Volume on Development in Tibet* 30:51-62.
- 2010 Goldstein, Melvyn C., Geoff Childs, and Puchung Wangdui. Beijing's "People First" Development Initiative for the Tibet Autonomous Region's Rural Sector—A Case Study from the Shigatse Area. *The China Journal* 63(1):57-75.
- 2008 Goldstein, Melvyn C., Geoff Childs, and Puchung Wangdui. "Going for Income": A Longitudinal Analysis of Change in Farming Tibet, 1997-98 to 2006-07. *Asian Survey* 48(3):514-534.
- 2008 Bauer, Kenneth and Geoff Childs. Demographics, Development, and the Environment in Tibetan Areas. *Journal of the International Association of Tibetan Studies* 4:1-8.
- 2008 Childs, Geoff. 2008. Tibetan Fertility Transitions: Comparisons with Europe, China, and India. *Journal of the International Association of Tibetan Studies* 4:1-21.
- 2008 Magnusson, Jan, S. Nagarajao, and Geoff Childs. 2008. South Indian Tibetans: Development Dynamics in the Early Stages of the Refugee Settlement Lugs zung bsam grub gling, Bylakuppe. *Journal of the International Association of Tibetan Studies* 4:1-31.
- 2006 Childs, Geoff and Gareth Barkin. Reproducing Identity: Using Images to Promote Pronatalism and Endogamy among Tibetan Exiles in South Asia. *Visual Anthropology Review* 22(2):34-52.
- 2006 Childs, Geoff. Namas (mna' ma) and Nyelus (nyal bu): Marriage, Fertility, and Illegitimacy in Tibetan Societies. In *Tibetan Borderlands*, ed. P. Christiaan Klieger, pp.89-113. Leiden: Brill.

- 2005 Childs, Geoff, Melvyn C. Goldstein, Ben Jiao and Cynthia M. Beall. Tibetan Fertility Transitions in China and South Asia. *Population and Development Review* 31(2):337-349.
- 2005 Childs, Geoff. Methods, Meanings, and Representations in the Study of Past Tibetan Societies. *Journal of the International Association for Tibetan Studies* 1(1):1-13.
- 2005 Childs, Geoff. How to Fund a Ritual: Notes on the Social Usage of the Kanjur (bKa' –'gyur) in a Tibetan Village. *Tibet Journal* 30(2):41-48.
- 2005 Childs, Geoff. A Rejoinder to Mills. *Himalaya* 25(1-2):72-74.
- 2004 Childs, Geoff. Culture Change in the Name of Cultural Preservation. *Himalaya* 24(1-2):31-42, Special Issue—Tibetan Peoples and Landscapes.
- 2004 Childs, Geoff. Demographic Analysis of Small Populations Using the Own-Children Method. *Field Methods* 16(4):379-395.
- 2003 Childs, Geoff. Polyandry and Population Growth in a Historical Tibetan Society. *The History of the Family* 8(3):423-444.
- 2003 Childs, Geoff. Names and Nicknames in Kyrong. *Tibet Journal* 28(3):17-28.
- 2002 Childs, Geoff. Economics 1, Nationalism 0: A Comment on the Low Birth Rate among Tibetan Exiles. *Tibetan Review* 37(5):23-25.
- 2001 Childs, Geoff. Demographic Dimensions of an Inter-Village Land Dispute in Nubri, Nepal. *American Anthropologist* 103(4):1096-1113.
- 2001 Childs, Geoff. Old-Age Security, Religious Celibacy, and Aggregate Fertility in a Tibetan Population. *Journal of Population Research* 18(1):52-66.
- 2001 Childs, Geoff. A Brief History of Nub-ri: Ethnic Interface, Sacred Geography, and Historical Migrations in a Himalayan Locality. *Zentralasiatische Studien* 31:7-29.
- 2001 Childs, Geoff. Perceptions of Relative Wealth in a Tibetan Community: A Note on Research Methodology. *Tibet Journal* 26(2):26-38.
- 2001 Childs, Geoff. When Conjecture Becomes Fact: Tibet's Vanishing Population Before "Liberation". *Tibetan Review* 36(8):20-22.
- 2000 Childs, Geoff. Claiming the Frontier: A Note on the Incorporation of Nubri within the Borders of Nepal. *Studies in Nepali History and Society* 5(2):217-226.
- 2000 Childs, Geoff. The 1958 sKyid grong Census: Implications for the Study of Tibetan Historical Demography. *Tibet Journal* 25(2): 29-41.
- 2000 Childs, Geoff and Michael Walter. Tibetan Natal Horoscopes. *Tibet Journal* 25(1): 51-62.
- 1999 Childs, Geoff. Refuge and Revitalization: Hidden Himalayan Sanctuaries (*Sbas-yul*) and the Preservation of Tibet's Imperial Lineage. *Acta Orientalia* 60:126-158.
- 1998 Childs, Geoff. A Cultural and Historical Analysis of Demographic Trends and Family Management Strategies among the Tibetans of Nubri, Nepal. Unpublished Ph.D. Dissertation, Depts. of Anthropology and Central Eurasian Studies. Indiana University, Bloomington.
- 1997 Childs, Geoff. A Note on the Tibetan Origins of the Sherpa Serwa (Gser-ba) Clan. *Himalayan Research Bulletin* 17(2): 23-25.
- 1997 Childs, Geoff. Householder Lamas and the Persistence of Tradition: Animal Sacrifice in Himalayan Buddhist Communities. In *Tibetan Studies*, ed. Helmut Krasser, 141-155. Wien: Verlag der Österreichischen Akademie der Wissenschaften.
- 1993 Childs, Geoff. Journey to the hidden valley (sbas yul) of Gnam-sgo Zla-gam: perspectives on the Tibetan concept of Himalayan refuges. Unpublished MA Thesis, Dept. of Central Eurasian Studies, Indiana University.

Collaborative Publications with Biological Anthropologists

- 2022 Beall, Cynthia M., Geoff Childs, Sienna R. Craig, Kingman P. Strohl, Elizabeth Quinn, and Buddha Basnyat. Repeatability of Adaptive Traits among Ethnic Tibetan Highlanders. *American Journal of Human Biology* 34(4).

- 2022 Quinn, E.A., Jhangchuk Sangmo, Sarah Burack, and Geoff Childs. Childhood Growth and Education Migration among Ethnic Tibetan Children from Nepal. Accepted, *American Journal of Biological Anthropology*.
- 2020 Quinn, E.A., and Geoff Childs. Trekking and Toddlers: Towards a Biocultural Analysis of Growth among Infants and Young Children in a Rural Region of the Himalayas. *American Journal of Human Biology* 32(4) <https://onlinelibrary.wiley.com/doi/full/10.1002/ajhb.23475>.
- 2018 Jeong, Choongwon, David B. Witonsky, Buddha Basnyat, Maniraj Neupane, Cynthia M. Beall, Geoff Childs, Sienna R. Craig, John Novembre, and Anna Di Rienzo. Detecting Past and Ongoing Natural Selection among Ethnically Tibetan Women at High Altitude in Nepal. *PLOS Genetics*.
- 2018 Sarma, Malika S., Lee T. Gettler, Geoff Childs, and Elizabeth A. Quinn. When Women Work: Endocrine Reactivity in Women during Everyday Physical Activity at High Altitude. *American Journal of Human Biology* <https://doi.org/10.1002/ajhb.23154>.
- 2017 Jeong, Choongwon, Benjamin M. Peter, Buddha Basnyat, Maniraj Neupane, Cynthia M. Beall, Geoff Childs, Sienna R. Craig, John Novembre, and Anna Di Rienzo. A Longitudinal Cline Characterizes the Genetic Structure of Human Populations in the Tibetan Plateau. *PLoS ONE* 12(4): e0175885. <https://doi.org/10.1371/journal.pone.0175885>.
- 2017 Cho, Jang Ik, Buddha Basnyat, Choongwon Jeong, Anna Di Rienzo, Geoff Childs, Sienna R. Craig, Jiayang Sun, and Cynthia M. Beall. Ethnically Tibetan Women in Nepal with Low Hemoglobin Concentration Have Better Reproductive Outcomes. *Evolution, Medicine, and Public Health* 1:82-96.
- 2017 Quinn, EA and Geoff Childs. Ecological Pressures and Milk Metabolic Hormones of Ethnic Tibetans Living at Different Altitudes. *Annals of Human Biology* 44(1):34-45.
- 2016 Quinn, Elizabeth, Kesang Diki Bista and Geoff Childs. Milk at Altitude: Human Milk Macronutrient Composition in a High-Altitude Adapted Population of Tibetans. *American Journal of Physical Anthropology* 159:233–243.
- 2008 Fourrier, Marc, Robert W. Sussman, Rebecca Kippen and Geoff Childs. Demographic Modeling of a Predator-Prey System and Its Implication for the Gombe Red Colobus (*Procolobus Badius*) Population. *International Journal of Primatology* 29:497-508.

Book Reviews

- 2020 Ramble, Charles in collaboration with Nyima Drandul. *Tibetan Sources for a Social History of Mustang, Nepal. Vol. 3: The Archives of Kun bzang chos gling Convent*. Monumenta Tibetica Historica Abteilung III, Band 19. Andiast: International Institute for Tibetan and Buddhist Studies, 2019. Reviewed in *Bulletin of the School of Oriental and African Studies*.
- 2020 Sulek, Emilia. 2019. *Trading Caterpillar Fungus in Tibet: When Economic Boom Hits Rural Areas*. Amsterdam: Amsterdam University Press. Reviewed in *Himalaya* 40(1).
- 2013 Gerke, Barbara. 2012. *Long Lives and Untimely Deaths: Life-Span Concepts and Longevity Practices among Tibetans in the Darjeeling Hills, India*. Leiden: Brill. Reviewed in *Journal of Asian Studies* 72(3).
- 2011 Barnett, Robert and Ronald Schwartz (eds.). 2008. *Tibetan Modernities: Notes from the Field on Cultural and Social Change*. Leiden: Brill. Reviewed in *Himalaya* 30(1).
- 2010 Ramble, Charles. 2008. *The Navel of the Demoness: Tibetan Buddhism and Civil Religion in Highland Nepal*. Reviewed in *Himalaya* 28(1).
- 2009 Thargyal, Rinzin. 2007. *Nomads of Eastern Tibet: Social Organization and Economy of a Pastoral Estate in the Kingdom of Dege*. Leiden: Brill. Reviewed in *Journal of Asian Studies* 68(3).
- 2005 Bernstorff, Dagmar and von Welk, Hubertus. 2004. *Exile as Challenge: The Tibetan Diaspora*. New Delhi: Orient Longman. Reviewed in *Tibet Journal* 30/31(4/1).
- 2005 Butler, Alex. 2003. *Feminism, Nationalism and Exiled Tibetan Women*. Delhi: Kali for Women. Reviewed in *Tibet Journal* 30/31(4/1).
- 2004 Blezer, Henk (ed.). 2002. *Tibet, Past and Present*. Leiden: Brill. Reviewed in *Tibet Journal* 29(1).

- 2000 Goldstein, Melvyn and Matthew Kapstein. 1998. *Buddhism in Contemporary Tibet: Religious Revival and Cultural Identity*. Berkeley: University of California Press. Reviewed in *American Ethnologist* 27(1).
- 2000 van Spengen, Wim. 2000. *Tibetan Border Worlds. A Geohistorical Analysis of Trade and Traders*. London: Kegan Paul International. Reviewed in *Tibet Journal* 25(4).
- 2000 Farrer-Halls, G. 1998. *The World of the Dalai Lama*. Wheaton: Quest Books. Reviewed in *Tibet Journal* 25(3).
- 2000 van Beek, M., K. Bertelsen and P. Pedersen (eds.). 1999. *Ladakh: Culture, History, and Development between Himalaya and Karakoram*. Aarhus: Aarhus University. Reviewed in *Tibet Journal* 25(2).

Awards and Grants

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| 2021 | \$9,500 | Aging and Architecture in the Highlands of Nepal. Humphrey Alumni Impact Award, Co-PI with PI Sonam Lotyo |
| 2021 | \$14,322 | Washington University Center for the Humanities, Faculty Research Grant
Tibetan Songs of Spiritual Experience (<i>mgur</i>): Exploring the Musical Dimensions of a Textual Tradition |
| 2019 | \$6,130 | Newman Exploration Travel Fund, Washington University
Tracing the Legacy of Pema Döndrub: A Himalayan Buddhist Master |
| 2017 | | David Hadas Teaching Award, Washington University |
| 2015-20 | \$350,000 | National Science Foundation
Milk with Altitude: Infant Growth, Milk Composition, and Maternal Energetics in High Altitude Tibetans. Co-PI w/E.A. Quinn (Washington University) |
| 2015-19 | \$70,300 | National Science Foundation
Narrating Disaster: Calibrating Causality and Responses to the 2015 Earthquakes in Nepal
Co-PI with PI Kristine Hildebrandt (SIUE) and Co-PI Sienna Craig (Dartmouth) |
| 2015 | \$5,000 | Washington University Center for the Humanities, Summer Seed Grant
Education and the Culture of Migration in Nubri, Nepal |
| 2014 | \$5,075 | The Shelley and Donald Rubin Foundation
Child Migration and Depopulation in the High Himalaya |
| 2013 | \$20,000 | The Wenner-Gren Foundation
Milk with Altitude
Co-PI w/E.A. Quinn (Washington University) |
| 2013 | \$20,000 | The Leakey Foundation
Milk with Altitude
Co-PI w/E.A. Quinn (Washington University) |
| 2012 | \$6,000 | Momentum Himalaya Project, BBVA Bank
Social Entrepreneurs in Nubri, Nepal
Co-PI with Valentin Giro (ESADE, Barcelona) |
| 2012-16 | \$400,000 | National Science Foundation
Genes and Fertility of Tibetan Women at High Altitude in Nepal
Co-PI w/Cynthia Beall (Case Western) and Sienna Craig (Dartmouth) |
| 2011 | \$7,000 | Washington University Faculty Research Grant
Migration and Family Management in Nubri, Nepal |
| 2010 | \$7,750 | World Oral Literature Project
Oral History of Nubri's Ngadag Lama Lineage |
| 2006-09 | \$460,000 | National Science Foundation
Economic Modernization and Intergenerational Relations in the Tibet Autonomous Region, China |

1999-02	\$120,000	Co-PI w/Melvyn Goldstein, Case Western Reserve University Mellon Postdoctoral Fellowship in Anthropological Demography Demography Program, The Australian National University Salary plus research budget for fieldwork in Nepal and India
1995-97	\$8,000	Fulbright Hays Dissertation Research Fellowship Dissertation fieldwork in Nepal.
1995-97	\$10,000	Wenner-Gren Dissertation Research Fellowship Dissertation fieldwork in Nepal.

Invited Lectures and Outreach

2020	What Happens When All the Young People Leave? Global Issues Colloquium, Truman State University. October 2020.
2019	Researching Migration: Methods, Meanings, and Social Change in Nepal's Highlands. School for International Training, Tibetan Studies Program. Kathmandu, Nepal, November 2019.
2019	Does Outmigration Threaten Retirement in Rural Nepal? Intensive Nepali Language Program, Cornell University. June 2019
2018	How Do Current Demographic Trends Affect Aging in Rural Nepal? Martin Chautari Research Seminar Series, Kathmandu, Nepal, May 2018.
2018	Milk with Altitude: Integrating Biological and Ethnographic Approaches to Study Human Adaptation (w/E.A. Quinn). Science on Tap, Schlafly Bottleworks.
2018	Better a Pen in Hand than a Rope across the Forehead: Education, Outmigration, and Social Change in Highland Nepal. Centennial Endowed Scholarship Luncheon 2018, The Woman's Club of Washington University, Jan. 2017.
2017	Fracturing the Iron Ring and Loosening the Silken Knot: Social and Cultural Consequences of Education and Migration in Nubri, Nepal. Dept. of Central Eurasian Studies, Indiana University, Oct. 2017.
2017	Better a Pen in Hand than a Rope across the Forehead: Education, Outmigration, and Social Change in Highland Nepal. Speakers Series for the Center of International and Global Studies at Lindenwood University, Oct. 2017.
2017	The Spatial Turn: A Multi-Disciplinary Perspective. Plenary Panel of the 2017 Graduate History Association Conference. Washington University, March 2017.
2016	Narrating Disaster: Causality and Responses to the 2015 Earthquakes in Nepal. Panel discussion at Nepal Earthquake Summit: The 2016 Straus Symposium focused on the April 2015 earthquake in Nepal. Dartmouth University, Feb. 2016.
2015	From a Trickle to a Torrent: Education, Migration, and Social Change in the Highlands of Nepal. Working Group on Anthropology and Population Seminar Series, Brown University, Oct. 2015.
2015	Demographic and Social Change in Nubri, Nepal. Workshop on Tibetan Plateau and the Bronze Age Globalization. Washington University, April 2015.
2014	Migration and Development. Lecture for the course Poverty, Inequality and Economic Policies. Master in International Cooperation and Development, Mid-Western University, Nepal.
2013	Practical Issues and Methodological Guidelines for Conducting Research on Migration in Nepal. Nepal Studies Program, Cornell University, July 2013.
2013	Mobility and Identity in the Highlands of Nepal. Himalayan Connections: Disciplines, Geographies, Trajectories. Yale University, March 2013.
2013	Family Planning, Tibetan Style: Population Trends and Social Transformations in the Highlands of China and Nepal. Center for International Studies Global Speakers Series. Lindenwood University, Feb. 2013.
2012	Economic Development, Migration, and Family Change in Tibetan Societies. Invited lecture, IGERT Program, University of Wisconsin, Madison, March 2012.

Selected Conference Papers

- 2022 Migration and the Future of Aging in Place (with Sonam Lotyo Lama). Himalayan Studies Conference 6, the University of Toronto, October 13–16, 2022.
- 2022 “I have no need for an old husband”: Resistance to Marriage and Gendered Suffering in 1950s Kyirong, Tibet. Seminar of the International Association for Tibetan Studies. Prague, July 2022. Panel: Ordinary Lives and Ethnographies of the Everyday in Tibet and the Himalayas.
- 2022 Discussant, panel on Ordinary Lives and Ethnographies of the Everyday in Tibet and the Himalayas. Seminar of the International Association for Tibetan Studies. Prague, July 2022.
- 2019 What Constitutes “Successful Aging” in a Tibetan Context? 15th Seminar of the International Association for Tibetan Studies. Paris, France, July 2019.
- 2019 Discussant, panel on economic change in Tibetan societies. 15th Seminar of the International Association for Tibetan Studies. Paris, France, July 2019.
- 2017 Why Is Nubri a Peripheral Realm of Darkness? Himalayan Studies Conference, University of Colorado, Sept. 2017.
- 2015 Youth Migration, Earthquake Relief Efforts, and the Intensification of Rural to Urban Interactions. Midwest Conference on Asian Affairs, Washington University in STL, Oct. 2015
- 2014 Receiving a Nama or Selecting a Bride: Migration and Marital Change in Highland Nepal. Co-authored with Sienna Craig and Cynthia M. Beall. Annual Conference on South Asia. Madison, Wisconsin. October, 2014.
- 2014 Migration and Population Decline in the High Himalaya: Implications for Human-Environmental Relationships. ANHS Third Himalayan Studies Conference. Yale University, April 2014.
- 2014 Weaving the Himalayan Region into the Large Lecture Class. ANHS Third Himalayan Studies Conference. Yale University, April 2014.
- 2013 Perpetuating Inequality through Education? Relative Wealth and School Sponsorships in Highland Nepal. Society for Economic Anthropology’s Annual Meeting, Washington University, April 2013.
- 2012 Monasteries as Life Phase Spaces: Educating the Future *Kyimdag* in Nubri, Nepal. ANHS Second Himalayan Studies Conference. Western Michigan University, Sept. 2012.
- 2012 Co-organizer and co-chair (with Charlene Makley) of roundtable sponsored by China and Inner Asia Council of AAS: A Quarter Century of Fieldwork in Tibet: A Panel in Honor of Melvyn Goldstein. Association for Asian Studies Annual Conference, Toronto, March 2012.
- 2011 Migration, Family Change, and Elderly Care. Roundtable on Migration, Transnationalism, and Diaspora. First ANHS Himalayan Studies Conference, Macalester College, Oct. 2011.
- 2010 An Entrepreneurial Transition? Development and Economic Mobility in Rural Tibet. Twelfth Seminar of the International Association for Tibetan Studies, Vancouver, Canada. August 2010.
- 2010 High Fertility in Highland Nepal? The Global Context of Reproductive Change. 39th Annual Conference on South Asia, Madison Wisconsin. October 2010.
- 2008 Political Dimensions of Family Planning and Demographic Change among Tibetans in China and in Exile. Invited lecture: Dept. of Anthropology, Indiana University. November, 2008.
- 2008 Patterns of Non-Farm Income Earning Opportunities for Women in Contemporary Tibet. Annual Conference on South Asia. Madison, Wisconsin. October 2008.
- 2008 Economic Development and Intergenerational Relations in Tibet, China. Anthropological Perspectives on Central Asia: New Developments in the Field. University of Zurich. May 2008.
- 2008 Trans-Himalayan Migration as Process, Not Event. Origins and Migrations among Tibeto-Burman-Speakers of the Extended Eastern Himalaya. Humboldt University, Berlin. May 2008.
- 2006 Tibetan Transitions: Fertility Declines and Their Implications. Eleventh Seminar of the International Association for Tibetan Studies. Bonn, Germany. September, 2006.
- 2005 Political Discourse, Reproductive Ideals, and Public Culture among Tibetan Exiles in South Asia (with Gareth Barkin). American Anthropological Association’s Annual Meeting, Washington D.C. November, 2008.
- 2003 Linking Ethnographic and Demographic Data in the Study of a Historical Tibetan Population.

- 2003 Social Science History Association's Annual Meeting. Baltimore, Maryland. October, 2003. mNa'-mas and Nyal-bus: Tibetan Marriage, Fertility, and Illegitimacy through Time and Space. Ninth Seminar of the International Association for Tibetan Studies. Oxford University, U.K. September, 2003.
- 2002 Situating Fertility in a Historical Tibetan Population. Social Science History Association's Annual Meeting. St. Louis, Missouri. October 2002.
- 2001 Reconstructing Households: Socio-Cultural and Demographic Processes in a Historical Tibetan Population. Poster Presentation: American Anthropological Association's Annual Meeting. Washington D.C. November, 2001.

Fieldwork Experience

- 2022 Nubri, Nepal. April-May, 5 weeks. Follow-up to aging and built environment pilot project plus research on *mgur* and folk songs with Mason Brown.
- 2019 Nubri, Nepal. Nov-Dec, 6 weeks. Fieldwork tracing the life and legacy of a lama from Kutang, Pema Döndrub (1668 – 1720s?).
- 2018 Nubri, Nepal. May-June, 1 month. Preliminary ethnographic research on aging plus final collection of biometric data and mother's milk for NSF funded project Milk with Altitude.
- 2017 Nubri, Nepal. May-June, 1 month. November-December, 1 month. Ethnographic research plus collection of biometric data and mother's milk. NSF funded project Milk with Altitude.
- 2016 Nubri, Nepal. May-June, 1 month. Ethnographic research plus collection of biometric data and mother's milk. NSF funded project Milk with Altitude.
- 2015 Nubri, Nepal. November-December, 1.5 months. Ethnographic research plus collection of biometric data and mother's milk. NSF funded project Milk with Altitude.
- 2015 Nubri and Kathmandu, Nepal. May-June, 1 month. Oral history interviews, breastfeeding interviews, collection of demographic and anthropometric data on mothers and children. NSF funded project Milk with Altitude.
- 2014 Nubri and Kathmandu, Nepal. 1.5 months. Child Migration and Depopulation in the Himalayas. Funded by the Rubin Foundation.
- 2013 Nubri, Nepal. 1.5 months. Household, reproductive, and breastfeeding surveys, collection of biometric data and mother's milk. Wenner-Gren funded project Milk with Altitude.
- 2012 Nubri, Nepal. November, 1 month. Exploring income generating opportunities to support local schools. Momentum Himalaya funded project Social Entrepreneurs in Nubri, Nepal.
- 2012 Nubri and Tsum, Nepal. May-June, 1.5 months. Household and reproductive history surveys. NSF funded project: Genes and Fertility of Tibetan Women at High Altitude in Nepal.
- 2011 Nubri, Nepal. 1 month. Household survey and interviews on migration and family management.
- 2010 Nubri, Nepal. 1 month. Oral histories of the Ngadag lineage of lamas.
- 2006-09 Tibet Autonomous Region, China. 8 months. NSF funded project: Economic Development and Intergenerational Relations in the Tibet Autonomous Region of China.
- 2005 Nubri, Nepal. 1 month. Interviews on religious dimensions of fertility and family planning.
- 2004 Dharamsala, India. 1.5 months. Analysis of demographic data gathered by the Planning Commission, a branch of the Tibetan Government-in-Exile; in-depth interviewing on family planning and reproduction.
- 2000-01 Kathmandu, Nubri/Tsum, and Shebrubensi, Nepal; Dharamsala and Pandoh, India. 7 months. Postdoctoral research (continuation of projects on historical demography and refugee fertility, new project on maternal health in Nubri).
- 1999-00 Kathmandu, Nepal; Dharamsala, India. 3 months. Postdoctoral research (commencement of new projects on historical demography and refugee fertility).
- 1998 Nubri, Nepal. 2 months. Post-dissertation research (follow-up survey work).
- 1997 Nubri, Nepal. 6 months. Resumption of dissertation research.
- 1995 Nubri, Nepal. 6 months. Dissertation research (culture, history and demography in an

1994 ethnically Tibetan enclave of Nepal; discontinued due to severe illness).
Kathmandu, Nepal. 3 months. Pre-dissertation research.

Service

Professional: Associations, Projects, and Journals

- 2018-2020 Consultant, Treasury of Lives (<https://treasuryoflives.org/about>) a peer-reviewed biographical encyclopedia of Tibet, Inner Asia, and the Himalaya.
- 2018 - Board of Advisors, Community Gonpa Education Initiative Nepal (CGEIN).
- 2010-12 President, Association for Nepal and Himalayan Studies
- 2009-10 Treasurer, Association for Nepal and Himalayan Studies
- 2007-14 Executive Council Member, Association for Nepal and Himalayan Studies
- 2008-11 Associate Editor of *Himalaya*
- 2007-14 Editorial board of *Tibet Journal*

Professional: Peer Review

- Peer reviewed article manuscripts for the following journals: *American Anthropologist*, *Anthropology Today*, *Asian Highland Perspectives*, *Continuity and Change*, *Demography*, *Development and Change*, *Ethnobiology Letters*, *Himalaya*, *Journal of Aging Studies*, *Journal of Asian Population Studies*, *Journal of Cross-Cultural Gerontology*, *Mountain Research and Development*, *Population*, *Population Studies*, and *Social Science and Medicine*.
- Peer reviewed book manuscripts for the following publishers: Berghahn Books, Brill, International Institute for Asian Studies (Leiden), Oxford University Press, Princeton University Press, Routledge, Rutgers University Press, and University of California Press.
- Peer reviewed research proposals for the following organizations: National Science Foundation, Trace Foundation, National Geographic, and the Austrian Academy of Sciences.

Professional: Conference Panel Organizing

- 2015 Organizer and Chair, roundtable on Nepal's 2015 earthquake Midwest Conference on Asian Affairs, Washington University in STL, Oct. 2015.
- 2012 Co-organizer and chair, panel on Migrations in the Himalayan Region. ANHS Second Himalayan Studies Conference, Western Michigan University, Sept. 2012.
- 2012 Panel chair and discussant, panel on Mobility and Frontiers. Migrations and Conflict Conference, Washington University, March 2012.
- 2012 Organizer and Chair, A Quarter Century of Fieldwork in Tibet: A Panel in Honor of Melvyn Goldstein. Association for Asian Studies, Toronto, March 2012.
- 2011 Co-editor of special volume in *Himalaya* on Development in Tibet.
- 2008 Co-Organizer (with Sienna Craig) of conference panel Labor Migration and Social Change in South Asia. Annual Conference on South Asia, Madison, Wisconsin.
- 2006 Co-Organizer (with Kunchok Tsundue) of conference panel Tibetan Populations: Past, Present, and Future. The Eleventh Seminar of the International Association of Tibetan Studies, Bonn, Germany.
- 2003 Co-Organizer (with James Lee) of conference panel New Directions in Linking Historical Demographic Data Sources. Social Science History Association's Annual Meeting, Baltimore.
- 1999 Co-Organizer (with Kimber Haddix) of conference panel Patterns of Marriage, Family, and Reproduction in Tibet and the Himalayas. American Anthropological Association's Annual Meeting, Chicago.

Professional: Community Service at Research Sites

- 1998 - Board of Directors of SEEDS (Social, Educational, Environmental, Development Services). Agency dedicated to funding small-scale development initiatives that are proposed and implemented by Nepali citizens. Focus on maternal health, fostering indigenous healing traditions, and promoting cultural continuity through education in native languages.
- 2012 - Foreign board member, Nubri Youth and Cultural Development Association (Nepal).
- 2017 - Consultant, Manaslu Education and Environment Development (MEED) Foundation.
- 2018 - Advisory Board, Community Gonpa Education Initiative Nepal.

Washington University: University Service

- 2021-2022 External member of search committee for Race Cluster hire, Dept. of Biology
- 2021 - IRB International Research Advisory Committee
- 2020 - Instructional Planning Task Force (in response to COVID-19)
- 2020 - Faculty Chair, Campus Fulbright Committee
- 2008-2019 Campus Fulbright Committee
- 2015-2019 Danforth IRB Advisory Committee
- 2014 Faculty Facilitator for Interdisciplinary Studies 123, When I'm Sixty-Four: Transforming Your Future (Fall 2014).
- 2011-12 Faculty Travel Grant Award Committee
- 2010-13 Special Majors and Minors Committee
- 2009-10 Pre-Graduate School Faculty Advisory Committee
- 2008 - Washington University's Fulbright Fellowship Review Committee
- 2008-09 Search committee, International and Area Studies position in Chinese Studies
- 2005-06 Instructor for January Scholars Program (J-Prog)

Washington University: Department of Anthropology Service

- 2021-2022 Promotion committee chair, Anna Jacobsen's case for promotion to Senior Lecturer
- 2021-2022 Search committee member, Selina Okin Kim Conner Professorship in Arts and Sciences for Medical Anthropology.
- 2021 Led sociocultural faculty group in developing strategic hiring plan for 2022-2024.
- 2020-2021 Departmental anti-racism initiative, supervised development of guidelines for conducting ethical research (published on departmental website).
- 2020-2021 Faculty sponsor, Culture Club (graduate student professional training activity)
- 2020 Head of search committee for two lecturers in Global Health and Environment.
- 2018 Ad hoc committee on improving departmental culture.
- 2018 Collaborated with Emily Wroblewski (Wash U Anth), Martha Jones (HRPO Executive Director) and Andrea Morris (Human Research Quality Assurance Manager) to revise IRB protocols so they do not hinder anthropological research.
- 2016 - Departmental point person for IRB screening and submission, undergraduate and graduate students and faculty members.
- 2015 - Judge, Graduate and Undergraduate Annual Photography Contests
- 2013-2014 Search Committee, position in Sociocultural Anthropology (Science and Technology Studies).
- 2010-2011 Search Committee, position in Biological Anthropology
- 2008-2009 Search Committee, position in Sociocultural Anthropology (China focus).
- 2004-2013 Graduate Coordinator, Sociocultural Anthropology, Dept. of Anthropology

Special Events, Lectures, and Workshops

- 2020 (Fall) The Downside of Education. Faculty Spotlights, freshman orientation.
- 2018 (Fall) Freshman Orientation, Meet the Faculty
- 2017 (Fall) What to Do When All the Children Leave? Faculty Spotlights, freshman orientation.

2016, 17, 18	Guest lecture, What Can We Learn from Ethnography? Business School, Markus Baer's course B66 OB 530 Creative Thinking and Leading the Creative Organization.
2017 (Spring)	International Relationships: A Multicultural Perspective on Life. The Last Lecture", Council of the South Forty.
2017 (Spring)	How to Manage the Large Classroom. Culture Club, Dept. of Anthropology.
2016	Guest lectures (2), Reproductive History Survey Methodology, E.A. Quinn's Biomarkers course, Dept. of Anthropology.
2017	Guest lecture, What Can We Learn from Ethnography? Business School, Markus Baer's course B66 OB 530 Creative Thinking and Leading the Creative Organization.
2016	Navigating IRB. Culture Club, Dept. of Anthropology.
2015	Field Photography and Digital Ethics Workshop. Culture Club, Dept. of Anthropology.
2014	Effective Powerpoint Presentations. Teaching Workshop, Dept. of Anthropology.
2014	Integrating Quantitative and Qualitative Methods. Guest Lecture in Gautam Yadama's course SWDT 6820 Seminar in Social Work Theory and Knowledge, Sept. 2014.
2014	Studying Aging and Social Change in Rural Tibet. Presentation at Global Aging Happy Hour, Sept. 2014.
2013	Tips on Applying for Academic Positions. Graduate Student Workshop on Job Materials, Dept. of Anthropology.
2013	How to Manage a Large Classroom. Teaching Workshop, Dept. of Anthropology.
2013	Photographing and Filming in the Field. Culture Club, Dept. of Anthropology.
2013	Exploring Online Teaching. Culture Club, Dept. of Anthropology.
2012	Training graduate students from across campus in management of large classes
2011	Faculty Spotlight Presentation, New Student Orientation
2011	What is Success? "The Last Lecture", Council of the South Forty
2011	Effective Powerpoint Presentations. Teaching Workshop, Dept. of Anthropology.

PhD Supervisor

Eva Hoffman. Challenges rural women face in accessing prenatal care in Appalachia (2021 -).
 Seok Joo Kim. Aging and palliative care in South Korea (2020 -).
 Tashi Ghale. Research on the politics of road construction in Nepal (2018 -).
 Namgyal Choedup. From Tibetan Refugees to Transmigrants: Negotiating Cultural Continuity and Economic Mobility through Migration (2007-2015).
 Aaron Hames. Aging and community interventions in Japan (2020 - 2021).
 Carolyn Barnes. Rural-urban migration, gender, and youth culture in Bhutan (2013-2015).

Dissertation Defense Committees (year defended)

Yiqi Zhu (School of Social Work, 2021); Sarah Speck (University of Zurich, 2020); Guillermo Martin-Saiz (2020); Oguz Alyanak (2018); Mason Brown (Univ. of Colorado, 2018); Nadine Platchta (Bern University, 2018); Hollee McGinnis (School of Social Work, 2017); Sherria Ayuandini (2017); Xu Jing (2014); Chithprabha Kudlu (2013); Jennifer Wistrand (2011); Sarah Kendzior (2011); Gyanesh Lama (School of Social Work, 2011); Baris Isci (2010); Anna Jacobsen (2010); Hyeon Jung Lee (2009); Vanessa Hildebrand (2009); Katherine Laird (2006)

Ph.D. Student Committees (not yet defended)

Kate Farley, Jackie Wagner, John Daniel Ibembe

Post-Doctoral Supervisor

Lihong Shi, ACLS Post-Doctoral Fellow, Dept. of Anthropology (2011-13).

Undergraduate Research Supervising

Nikhil Sekar, Undergraduate Research Grant, Nutritional intervention in Uganda (2021).

Kunsang Choeden, Undergraduate Research Grant, COVID-19 anticipation in Nubri, Nepal (2020).
Helen Li, Merle Kling Undergraduate Honors Fellowship Mentor (2017-2019).
Joselyn Walsh, Undergraduate Research Grant to study urban food issues (2015).
Sammita Satyanarayan and Yamini Krishnamurthy, Gephardt Inst. Social Change Grant (2011).
Bobbie Bigby, Mellon Mays Mentor (2008-2009).

Undergraduate Honors Thesis Supervisor in Anthropology and International and Area Studies

Isabel An (2021, Capstone); Larkin Levine (2021); Madison Wrobley* (2019); Joanna Kim* (2018);
Helen Li (2018); Amrutha Kumaran (2015); Dena Birkenkamp (2010); Bobbie Bigby (2009); Lindsey
Buchanan (2009); Jessica Farrell (2009); Trisha Wolf (2009); Kristyna Solawetz (2008); Emily Schlickman
(2007); Sarah Katz (2006); Debra Silberschatz (2005); Lisa Frankel (2003)

* Recipient of John Bennet Award for best thesis in Anthropology.

Courses Taught at Washington University

500-Level	Research Methods in Anthropology; various readings courses
400-Level	Researching Fertility, Mortality, and Migration In the Field: Ethnographic and Qualitative Research Methods Anthropology of Aging
300-Level	Population and Society; Anthropology of Tibet and the Himalayas
100-Level	Introduction to Cultural Anthropology; Global Population Issues (J-Prog); Ethnicity, Culture, and Politics: The Case of Tibet